

# Integrated Services

Members of the community with disabilities are welcomed and encouraged to participate in community programs and activities of their choice. Our goal is to assist in the integration of people with disabilities into programs offered, or to offer special needs programs of interest.

## Programs

City of Pickering staff will work with you to ensure a safe and fun recreational experience. Contact the Coordinator, Community Recreation Programs at 905.420.4660 ext. 3229

- If you are interested in registering for a program, to discuss your choice and/or support that you may require
- If you have any special needs program suggestions, or group activities that you may be interested in

## Fitness Equipment

Want to work out? The Pickering Recreation Complex has specialized equipment to allow people of all abilities to enjoy the benefits of fitness. Let our fitness staff assist you in learning about this equipment. For information or to book a personal orientation call 905.683.6582.

## March Break Camp!

March 12 - 16, 2012. To ensure the successful integration of children with disabilities (requiring additional staff support) at camp, the deadline for applications is Monday, January 16, 2012. Applications will be processed as received. Parents will be required to complete a Camper Participant Profile to assist staff in preparing for a Quality Camp Experience. For further March Break Camp information please see the Camp section.



## A City where everyone can live, work and play



## Accessibility Advisory Committee

The Accessibility Advisory Committee was formally established through By-law 6211/03, and held its first meeting in April 2003. The Committee includes a Member of Council, and at least 50% of the membership of the Committee must include members of the disabled community.

The responsibilities of the Accessibility Advisory Committee include the following:

To advise Council, once per year about preparation, implementation and effectiveness of its accessibility plan. To advise Council on the accessibility for persons with a disability to a building, structure or premises, or part of a building, structure or premises, that Council purchases, constructs, renovates, leases or which is provided to the Municipality as a capital facility.

To review site plans and drawings described in Section 41 of the *Planning Act*.

Questions concerning this committee should be directed to the Coordinator, Community Recreation Programs at 905.420.4660 ext. 3229.

## Accessible Pickering

The City of Pickering is committed to providing our community with accessible programs, services and resources. **Accessible Pickering** is an easy and convenient way to access information online about accessibility within Pickering and the broader community. This website link also provides you with notices of city service disruptions. Visit [cityofpickering.com](http://cityofpickering.com) to find the **Accessible Pickering** link on the home page.

# Children

## Arts

### Children's Art 5 - 7 years

Children will explore the exciting world of art, using pastels, markers and paints. They will learn the importance of line, shape, design and colour. Come out and explore some creative fun! Starting: Week of Jan 16/12  
location: Recreation Complex - Art Studio

Tu	5:00 - 6:15 pm	10 wk(s)	66270	\$73.00
Sa	9:30 - 10:45 am	10 wk(s)	66271	\$73.00

### Children's Art 8 - 10 years

Bring out the creative side of your child's artistic talent in our relaxing art studio. Young artists will learn to explore the use of art materials and create their own work drawing, painting, using pen & ink and colour for a variety of subjects ranging from cartoons, animals, action figures, still life and landscapes. Starting: Week of Jan 16/12  
location: Recreation Complex - Art Studio

M	4:30 - 5:45 pm	10 wk(s)	66272	\$73.00
Sa	11:00 - 12:15 pm	10 wk(s)	66273	\$73.00

### Cartooning for Kids 8 - 11 years

This course starts with the basic fundamentals of drawing and progresses to learning how to create original characters. Bring your imagination and see what you can create! Starting: Jan 19/12  
location: Recreation Complex - Art Studio

Th	5:30 - 6:45 pm	10 wk(s)	66274	\$73.00
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### Christmas Craft Club 5 - 12 years

Pre-register to drop your child off for a two hour craft and game program while you do your Christmas shopping! This program is conveniently located at the East Shore Community Centre, Room 2, near various shopping facilities. Register your child for all four under Christmas Craft Club Combo at a discounted fee of \$52/child or choose from your favourites below at \$15 per person per workshop.

Starting: Nov 26	10:00 am - 12:00 pm	\$15/child	65892
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#### Christmas Cards

Children will learn how to make their own Christmas cards and gift tags using techniques such as embossing, stamping, and stencilling.

November 26	10:00 am - 12:00 pm	\$15/child	65896
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#### Decorating the House

Children will make decorations for the home to help the family get in a festive mood.

December 3	10:00 am - 12:00 pm	\$15/child	65893
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#### Decorations for the Table

Children will make decorations that will make your dinner table the focus of the dining room!

December 10	10:00 am - 12:00 pm	\$15/child	65894
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### Christmas Craft Club continued

#### Make a Homemade Gift

Children will make and wrap a gift for someone special.

December 17	10:00 am - 12:00 pm	\$15/child	65895
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## Dance

### Jazz for 5-7 years / 8-10 years

Jazz is a fun and upbeat way to have your child learn dance movement and style. Students will be taught a series of dance steps which will be combined to learn a final dance routine. Starting: Week of Jan 16/12  
location: East Shore C.C. - Community Room New

Th	5:45 - 6:30 pm	12 wk(s)	66278	\$85.00 (5-7 yrs.)
Sa	10:15 - 11:00 am	12 wk(s)	66279	\$85.00 (8-10 yrs.)
Sa	11:00 - 11:45 am	12 wk(s)	66280	\$85.00 (5-7 yrs.)

### Primary Ballet 6 - 8 years

Ballet is an effective way to improve fitness, posture and flexibility. Primary ballet focuses on more intricate movement, technique and choreography. Classes consist of a warm up, ballet exercises, across the floor work and a dance routine. Starting: Jan.18/12  
location: West Shore C.C. - Hall

W	5:30 - 6:15 pm	12 wk(s)	66277	\$85.00
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### HIP HOP for Kids - Level 1 6 - 8 / 8 - 10 yrs

Hip hop is a great class for children looking to learn today's hottest dance moves. Participants will enjoy learning cool moves while getting great physical activity. Hip Hop students will learn funky dance moves, dance combinations and a challenging dance routine. Starting: Week of Jan 16/12  
location: West Shore C.C. - Hall

M	6:40 - 7:25 pm	10 wk(s)	66281	\$71.00 (6-8 yrs.)
M	7:30 - 8:15 pm	10 wk(s)	66282	\$71.00 (8-10 yrs.)
Tu	4:45 - 5:30 pm	12 wk(s)	66283	\$85.00 (6-8 yrs.)
W	7:00 - 7:45 pm	12 wk(s)	66284	\$85.00 (8-10 yrs.)

### Tap Dance 5 - 7 yrs

Students will learn basic tap moves to fun and energetic music. Tap dance combines dance with rhythm and beat. Dancers will learn to use their tap shoes to make a variety of sounds with their feet. It is a great class to help develop dance and rhythmic skills. Starting: Jan.17/12  
location: East Shore C.C. - Community Room

Tu	4:30 - 5:00 pm	12 wk(s)	66285	\$67.00
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# Children

## Fitness & Active Programs

### Active Boys 8 - 10 years

Wouldn't it be cool to join a class that's fun and helps get you into shape? Well look no further because Active Boys is here! Dodge ball, soccer, badminton, tag, and Wii Sports are just a few of the many games the boys can play. Active Boys is designed to introduce you to some new games and get you moving. Starting week of Jan 16/12  
location: Recreation Complex - East Salon

Th 5:00 - 6:00 pm 12 wk(s) 65999 \$69.00

### Ball Hockey 6 - 8 years

This program is designed to develop hockey skills within a fun atmosphere. Non-competitive game play will be included while the fundamentals of fair play and teamwork are stressed. Participants must wear CSA approved helmets, with full face masks. Eligible for Children's Fitness Tax Credit. Starting Jan. 21/2012  
location: East Shore C.C. - Gym

Sa 11:15 - 12:45 pm 10 wk(s) 65987 \$60.00

### Badminton 7 - 12 years / 13 - 17 years

Qualified instructors will teach the skills and rules of badminton. Take those skills and play games against others your own age. Bring your own racquet, badminton birds will be supplied. Come out for fun and fitness! Starting week of Jan 17/12  
location: Dunbarton High School (West Gym)  
instructor: Greg Fowler

Tu 7:15 - 8:15 pm 12 wk(s) 66286 \$59.00

### Indoor Games 6 - 8 years

Join us for this exciting program! Participants will learn and play European Handball, Indoor Soccer, Ball Hockey, Basketball, Dodgeball, and MORE! Starting Jan. 21/2012  
location: East Shore C.C. - Gym

Sa 9:30 - 11:00 am 10 wk(s) 65994 \$60.00

### Active Girls 8 - 10 years

Group fitness designed just for girls. Active Girls is all about you: you having a good time, you being active and you feeling great about yourself. Bring your friends and meet new people! Best of all - get fit in the process! Pickering Rec now has Wii Fitness and Wii Sport! Starting week of Jan 16/12  
location: Recreation Complex - East Salon

Tu 5:00 - 5:50 pm 12 wk(s) 66000 \$69.00

### Zumbatomic 4 - 12 years

Kids love to dance! Crank up the music, shake, wiggle and move. Zumba is a high-energy dance-based class that will get your kids moving to a Latin beat. Get active - have FUN! Ages 8-12 yrs. Starting week of Jan 16/12  
location: Recreation Complex - Studio A - Members Studio

Tu 5:00 - 5:50 pm 12 wk(s) 66187 \$69.00

### Karate 6 - 17 years

#### \*Eligible for Children's Fitness Tax Credit

Karate, an Oriental Art of self defense, is a superior means to achieve a high standard of physical fitness, and contributes to the development of self confidence and self discipline.

New registrants: in addition to the program fee, all new Karate participants will be required to pay an annual membership fee of \$53.00 as follows:

- complete a membership application form and attach a Money Order for \$53 payable to "Chito-Ryu Association of Ontario"
- must be submitted to the Karate Instructor at the first class. Registrants will not be permitted to participate in the class until this has been submitted
- the confirmation letters of new participants will include a membership application form (online registration excluded). Forms can also be picked up at the Registration Counter at the Pickering Recreation Complex

All new registrants to register in the 5:30 pm - 6:30 pm class. Students will then progress through the ranking system, and move on to the later class times.

Session: January - March (3 months)

Location: West Shore Community Centre  
Day: Tuesday and Thursday  
Fee: \$94.00 (January 3 - March 29, 2012)

Time	Level
5:30 pm - 6:30 pm	White Belt
6:30 pm - 7:30 pm	Intermediate
7:30 pm - 8:30 pm	Advanced

Register with instructor at West Shore Community Centre.

## Specialty

### Introduction to Hindi (Indian Language)

This program is designed to help children learn to speak and write Hindi. The focus will be on conversational Hindi skills. This program will encourage the continuation of children maintaining their home language. Children will learn Hindi in a fun atmosphere and through a variety of instructional strategies. Starts: Jan. 16/12

location: Dunbarton H.S. - Dunbarton High School

M 6:30 - 8:00 pm 10 wk(s) 66289 \$77.00

### Mad Science

CRAZY CHEMWORKS: As real Mad Scientists, students will learn to manipulate lab equipment, slide down the colourful pH scale and create a tiny world of atoms. Students will be wowed by polymers, in our popular SLIME class! They will probe the properties of light as well as explore unusual applications of glow-in-the-dark technology! Children will stick to the walls as they explore super sticky stuff.

Topics: Lab Works, Jr Reactors, PH Phactor, Slime Time, The Glow Show, Super Sticky Stuff, Chem Capades, Chem in a Flash. Starting: Jan. 18/12  
location: Recreation Complex - Mtg Rm 3

W	6:00 - 7:00 pm	8 wk(s)	66287	\$124.00 (6-8 yrs.)
W	7:15 - 8:15 pm	8 wk(s)	66288	\$124.00 (9-12 yrs.)